

# Harrold and Carlton COVID Risk Assessment

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## Harrold and Carlton Football Club (HCFC) COVID-19 Risk Assessment

Assessment carried out by: James Wingerath

Task	HCFC players, coaches and parent safety (COVID-19)	Issued and version number	01/10/2020 V4
Activity	Football training sessions, league sanctioned matches and other footballing activities	Location	Publicly accessible fields, hired pitches at sports venues and league sanctioned venues

People at Risk	Players	Coaches	Parents	Public	Passers By
Confirm	Yes	Yes	Yes	Yes	Yes

The risk assessment has identified that there is no mandatory Personal Protective Equipment (PPE) that is always necessary. However, the assessment has identified occasions where PPE should be used and these are documented in the Task Specific Hazard section of this assessment

This risk assessment applies to all training sessions and matches that take place on public grass, other artificial surfaces and league sanctioned venues and also any to training sessions and matches that take place at leisure facilities, including any schools officially approved for use by the committee of HCFC. Training sessions or matches must not take place indoors or at any other type of premise. Indoor football and fustal are not permitted.



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Task Specific Hazard	Pre-Control Risk Rating			Control Measure(s)	Post-Control Risk Rating		
	Likelihood	Severity	Rating		Likelihood	Severity	Rating
<b>Wellbeing COVID-19 Symptoms</b>	3	5	15	<ul style="list-style-type: none"> <li>• Before travelling to a session or other footballing activity, each participant and accompanying parent or carer must undertake the 'Self-Screen Check' as set out in the Safety Summary section. If they answer 'yes' to any one of the screening questions, then they should not travel to the training session or footballing activity.</li> <li>• The lead coach should maintain a record of player attendance of each training session or footballing activity, which should be provided to the Club.</li> <li>• All parents/carers/supporters are encouraged to register using the QR code linked to the NHS track and trace relevant to the location they are at.</li> <li>• Individuals who are advised to stay at home under existing Government guidance should not physically attend training sessions. This includes individuals who have symptoms of COVID-19 as well as those who live in a household with someone who has symptoms.</li> </ul>	1	5	5
<b>Travel to and from Training</b>	3	5	15	<ul style="list-style-type: none"> <li>• Where possible parents should drop their children off and leave the area until the session has finished OR wait in their vehicles OR maintain separate social distancing 'gatherings' of no more than 6 people.</li> <li>• You should only share a car with people from your household or where you are comfortable with another parent/carers transporting your child.</li> </ul>	1	5	5



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<b>Social Distancing</b>	3	5	15	<ul style="list-style-type: none"> <li>• Training sessions and football activities should be carefully planned by coaches to ensure they are structured to meet Government guidance.</li> <li>• Competitive training can take place for all participants in an outdoor setting provided this takes place in groups of no more than 30 people (including coaches).</li> <li>• Competitive match play is permitted, with social distancing in place before and after the match, and in any breaks of play.</li> <li>• Goal celebrations should be avoided.</li> <li>• Cones should be used to mark out the session or activity area, and each social distancing gathering area.</li> <li>• All attendees are asked to use toilet facilities before they attend the session. Toilet facilities are available at Emmaus and Harrold Country Park under their own COVID-19 guidance.</li> </ul>	1	5	5
<b>Personal Hygiene</b>	3	5	15	<ul style="list-style-type: none"> <li>• Keep hands away from mouth, eyes, nose, ears and face. Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze. Put used tissues in the bin immediately and wash your hands afterwards.</li> <li>• Cover all cuts and broken skin with waterproof plasters.</li> <li>• During training sessions and competitive match play, players and officials should sanitise hands before and after a game as well as scheduled breaks throughout a game or training session.</li> </ul>	1	5	5
<b>Access</b>	3	5	15	<ul style="list-style-type: none"> <li>• The 2 m social distance must always be observed.</li> </ul>	1	5	5



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<b>Cleaning and Sanitising Equipment</b>	3	5	15	<ul style="list-style-type: none"> <li>Frequently clean training equipment between uses, using suitable disinfectant/cleaning products.</li> <li>Frequently clean all objects, equipment, and surfaces that are touched regularly, such as goal posts/posts and training equipment and ensure there are adequate disposal arrangements in place.</li> <li>All items of equipment to be decontaminated using disinfectant wipes or disinfectant (applied to clean cloth then applied to equipment) after each use.</li> <li>Football activity equipment should be shared only when necessary.</li> <li>Goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches and thoroughly afterwards.</li> <li>Water bottles and personal items (clearly labelled) must be stored separately and at least 1 meter away from others. Designated areas will be marked within the training or activity zone.</li> </ul>	1	5	5
<b>Waste</b>	3	3	9	<ul style="list-style-type: none"> <li>Used cleaning materials must be placed into a secure bin liner which should be only used for the disposal of cleaning equipment and should be disposed by the coach in their waste bin.</li> <li>All personal items of waste e.g. drinks bottles, snack wrappers etc. must be and disposed of appropriately.</li> <li>No waste to be left at the facility under any circumstances. A sweep of the area must take place by each coach to ensure waste is identified and removed by the owner.</li> </ul>	1	3	3



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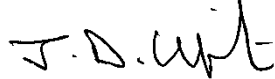
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Task Specific Hazard	Pre-Control Risk Rating			Control Measure(s)	Post-Control Risk Rating		
	Likelihood	Severity	Rating		Likelihood	Severity	Rating
First Aid	2	5	10	<ul style="list-style-type: none"> <li>First Aid can only be administered in severe circumstances by the coaches as per FA training and only if the coach and parent/player agree.</li> <li>PPE will be provided for coaches and children to use in emergency First Aid circumstances including disposable face mask, sanitiser, antibacterial wipes and disposable gloves.</li> </ul>	1	5	5



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Where reference has been made to 'coaches' this also includes team managers and other team officials that may be at the training sessions

<b>Assessors Statement:</b>																																																														
Having reviewed the hazards and risks, the level of risk and the key risks, I believe that if the control measures identified are applied this will, so far as reasonably practicable, have met the requirements of the assessment.																																																														
Date Completed	18/09/2020																																																													
Name of Assessor:	James Wingerath																																																													
Role:	COVID-19 Officer																																																													
Signature:																																																														
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## Safety Summary

<b>Task</b>	<b>Harrold and Carlton FC Player, Personnel and Parent Safety (COVID 19)</b>	<b>Version No:</b>	<b>18/09/2020 V3</b>
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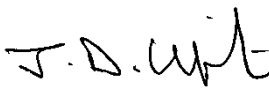
Additional Task Precautions	
Information, instruction and training applicable to the controls	<ul style="list-style-type: none"> <li>All managers, Coaches, Players and Parents/Carers to receive a copy of the COVID-19 Risk Assessment and adhere to instructions.</li> <li>Training and football activity timings and location to be communicated to all participants and adhered to at all times.</li> <li>Training and football activity timings and locations to be communicated to the Club at least 1 hour prior to the start of the training or football activity.</li> <li>Please refer to the FA COVID-19 guidance for grassroots - <a href="#">COVID-19 Guidance</a></li> </ul>
Self-Screen Check	<p>Each participant should self-screen prior to the arrival at training or any footballing activity to ensure they do not have any of the following symptoms (confirmed by a parent/carer for those under the age of 18), as these are potential indicators of COVID-19 infection:</p> <ul style="list-style-type: none"> <li>High temperature (above 37.8°C)</li> <li>New continuous cough</li> <li>Shortness of breath</li> <li>Sore throat</li> <li>Loss of or change in normal sense of taste or smell</li> <li>Feeling generally unwell</li> <li>Been in close contact with or living with a suspected or confirmed case of COVID-19 in the previous two weeks</li> </ul>
Specialist equipment required	<p>First Aid can only be administered in severe circumstances by coaches as per FA training and only if the coach and parent/carer/player agree. PPE will be provided for coaches and children to use in emergency First Aid circumstances including disposable face mask, sanitiser, ant-bacterial wipes and disposable gloves.</p>
Other safety information	<p>All control measures within the risk assessment must always be followed. Breaching these controls will result in the individual(s) being asked to leave the premises</p>



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<b>Activity</b>	Football training sessions, league sanctioned matches and other footballing activities	<b>Location</b>	Publicly accessible fields, hired pitches at sports venues and league sanctioned venues

Assessment Completed		Annual Review		Annual Review	
<b>Club Chairman Signature</b>					
<b>Assessor Signature</b>					
<b>Date</b>	18/09/2020				

Review of the task and associated hazards is to be carried out at least annually or following a change in guidance or legislation

